



# Positional Profiles - 4 Pillars - #4/5 Center Backs

## Technical

- Take space with ball
- Passing receiving
- 1v1 defending
- Aerial duels
- Defending crosses
- tackling

## Tactical

- Anticipation
- Awareness
- Reads game actions/cues
- Positioning
- Playmaking ability
- Organizes prevention of counterattacks

## Physical

- Height
- Strength
- Power
- Speed
- Turning
- Jumping ability

## Mental / Psychological

- Leadership
- Courage, brace
- Communication
- Concentration
- composure