



Positional Profiles - 4 Pillars - #1 Goalkeeper

Technical

- Distribution (feet and hands)
- Handling (shooting/crossing)
- reflexes/shop stopping
- Read and intercept flighted balls
- Ball striking

Tactical

- Anticipation
- Positioning, repositioning with and without ball
- organization/game management
- Decisive
- Read game cues

Physical

- Height
- Strength
- Power
- Agility
- Reactions
- jumping/leaping ability
- balance

Mental / Psychological

- Confidence
- Bravery
- Concentration
- Communication
- Composure
- Leadership