



# Positional Profiles - 4 Pillars - #7/11 Wingers

## Technical

- 1v1 dribbling
- Running with ball
- Attacking duels
- Passing
- Crossing
- Combination play
- Finishing
- Free kicks

## Tactical

- Timing of runs
- Timing of cross
- Positioning without ball
- Interchangeability
- Play inverted/false
- Arrive in box
- pressing

## Physical

- Quickness
- Speed
- Agility
- Power
- Endurance
- Repeatability
- balance

## Mental / Psychological

- Creative
- Risk taker
- Fearless
- Confidence
- Resilience
- Deception
- Selfless